



“Shifting paradigms for dementia: Involving people living with dementia across research, policy and practice”.

Wednesday 31st January. 10.00am-5.00pm
Maitlandfield House Hotel

Workshop 3. *Community Empowerment and Dementia: realising the potential of people with dementia in Dementia Friendly East Lothian*

The goal of this programme is to ‘shift paradigms’ within dementia, by challenging current thinking and practice through collaboration and the involvement of people with dementia. This seminar series will forge partnerships between people with dementia, communities and universities in order to promote the sustainable development of dementia friendly communities, policy and research.

Embedded within an existing dementia friendly community initiative, the third seminar in this series explores what an assets based community approach to dementia looks like in practice. People living with dementia, carers and others to explore how lived experience is affected by place and how co-production and design lead to innovative and sustainable solutions. It will identify concrete practical changes to implement locally in East Lothian and beyond.

Workshop chaired by:	Agnes Houston MBE; Dementia Alumni Anna Buchanan: Programme Director, Life Changes Trust
10.00-10.05am	Welcome to Dementia Friendly East Lothian Councillor Fiona O’Donnell Preston, Seton & Gosford, Cabinet Spokesperson for Health & Social Care
10.05-11.05am	Living with Dementia: our priorities and issues People living with Dementia attending a DEEP group meeting will report back their priorities and perspectives Members of Dementia Friendly Empowerment Project – Dementia Friendly East Lothian
11.05-11.15am	Comfort and coffee break
11.15-11.45am	Social Health and Dementia Professor Myrra Vernooj Dassen. Radboud University Medical Centre Nijmegen

- 11.45-12.15pm Learning from the Netherlands: The Implementation and Evaluation of the Dutch Meeting Centre's Support Programme in England, Italy and Poland.
Professor Dawn Brooker. Director of the University of Worcester Association for Dementia Studies
- 12.15-12.35pm Communities and Assets – food for thought.
Cormac Russell. Nurture Development & Asset-Based Community Development Institute, Northwestern University. Chicago
- 12.35-1.15pm Lunch
- 1.15-2.45pm Workshop: Building Dementia Friendly Communities
Cormac Russell
- The workshop will look at what it means to live well with dementia through the lens of Asset-Based Community Development (ABCD), focusing on what strong not wrong and moving beyond simplistic labels. Thinking about living well with Dementia in the context of a small community of place we will look at the six building blocks of a welcoming community and the practical means of building such a community by discovering, connecting and mobilizing community assets from inside out.
- 2.45-3.30pm Hopes and plans for the future: messages for the East Lothian Dementia Strategy: Reflections from our Speakers, Co-chairs & Participants
- 3.30-5.00pm **Afternoon Tea, networking, conversation and enjoyment**